

**THE OFFICIAL
GALLATIN EMPIRE ION'S CLUB
YOUTH FOOTBALL PLAYBOOK**

**A program dedicated to the
development of today's
youth as individuals and as
athletes.**

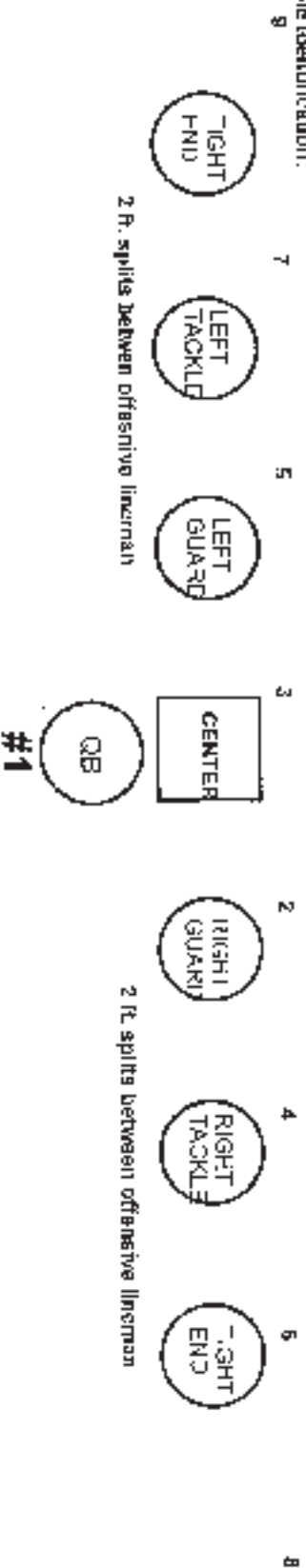
Offense

Play Calling System:

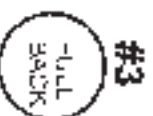
Each individual runner on the offense is assigned a number. Each gap (space between offensive linemen) is given a number, even numbered holes are always to the right, odd numbered holes to the left. Examp. #: 48 sweep would be the left halfback (#4)

The first number of each offensive play called is the number of the ball carrier, the second number of the play

Hole Identification:



Heels at 4 yds. from LOS. Right leg is aligned directly behind the left leg of the left guard. 3 pt. stance



Heels at 4 yds. from the line LOS (line of scrimmage) directly behind the QB. 3 pt. stance



Heels at 4 yds. from LOS. Left leg is aligned directly behind the right leg of the right guard. 3 pt. stance.

You must follow the GELC Playbook the first 3 weeks of the season

Defense



LE
Left Defensive End
Align Outside Half of the Tight End
Contain Reapability

LT
Left Tackler
Align Outside half of Off Tackle
Contain Reapability

LG
Left Defensive Guard
Align Head up or Off Guard and play through the middle of the guard

QB

A Gap

RG
Right Defensive Guard
Align Head up or Off Guard and play through the middle of the guard.

RT
Right Defensive Tackle
Align outside half of Off Tackle
Contain Reapability

RE
Right Defensive End
Align outside Half of Tight End
Contain Reapability

LB
Left Linebacker
Align Head up on the Tackle & yds. deep
B gap Responsibility on run to you, cut back on run away. You have the left Running Back over to man coverage on pass.

MB
Middle Linebacker
Align Head Up on the Off Center & yds. deep
A Gap Responsibility on outside runs, cut back on outside runs.
Have the fullback man to far coverage on pass.

RB
Right Linebacker
Align Head Up on the Off Tackle & yds. deep
B gap Responsibility on run to, cut back on run away. You have the right Running Back over to man coverage on pass.

LS

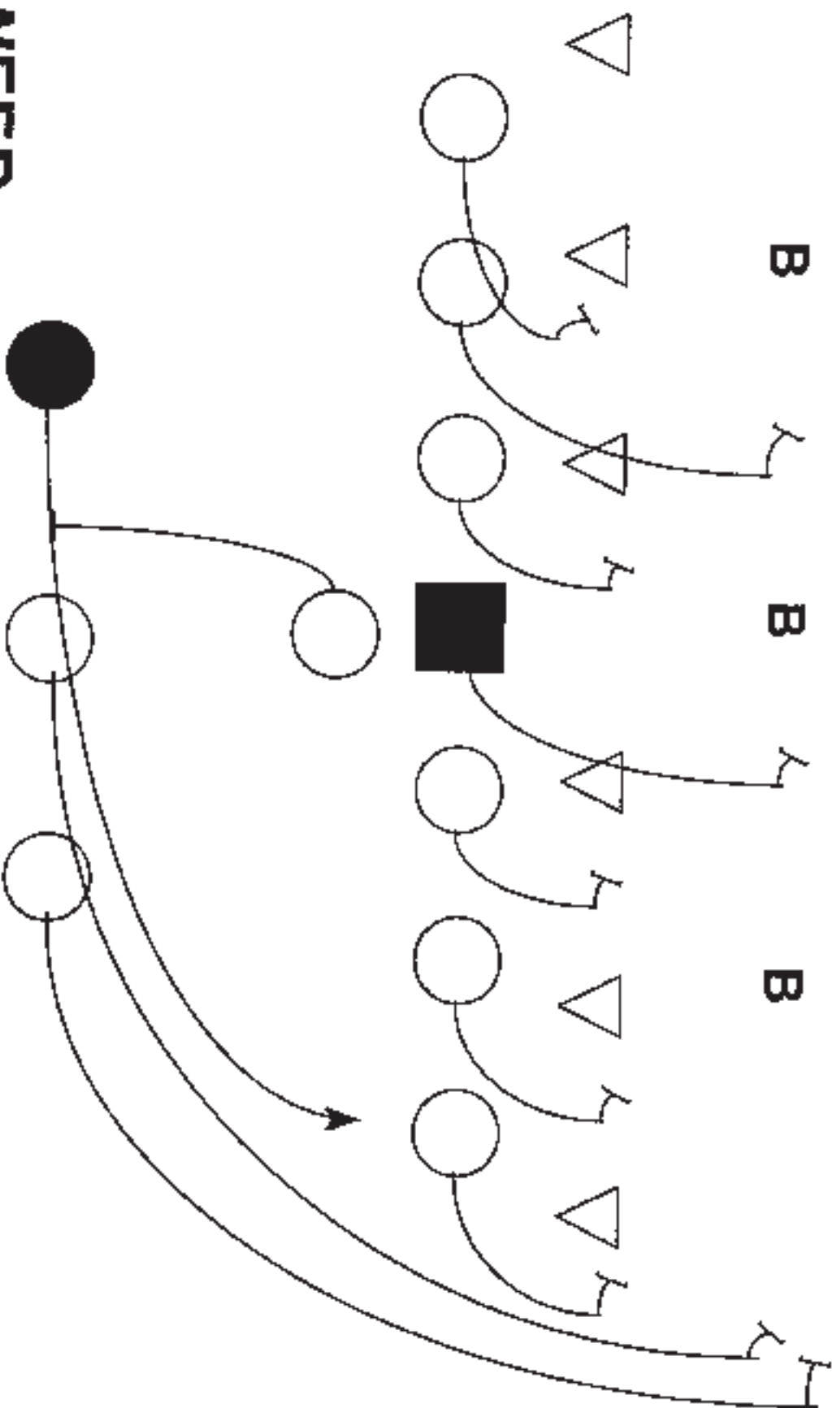
Left Safety
Align Head up on Tight End
8 yds. deep
Fill where needed or run to cut back on run away
Tight End man to man on pass coverage

RS

Right Safety
Align Head up on Tight End
9 yds. deep
Fill where needed or run to cut back on run away.
Tight End man to man on pass coverage

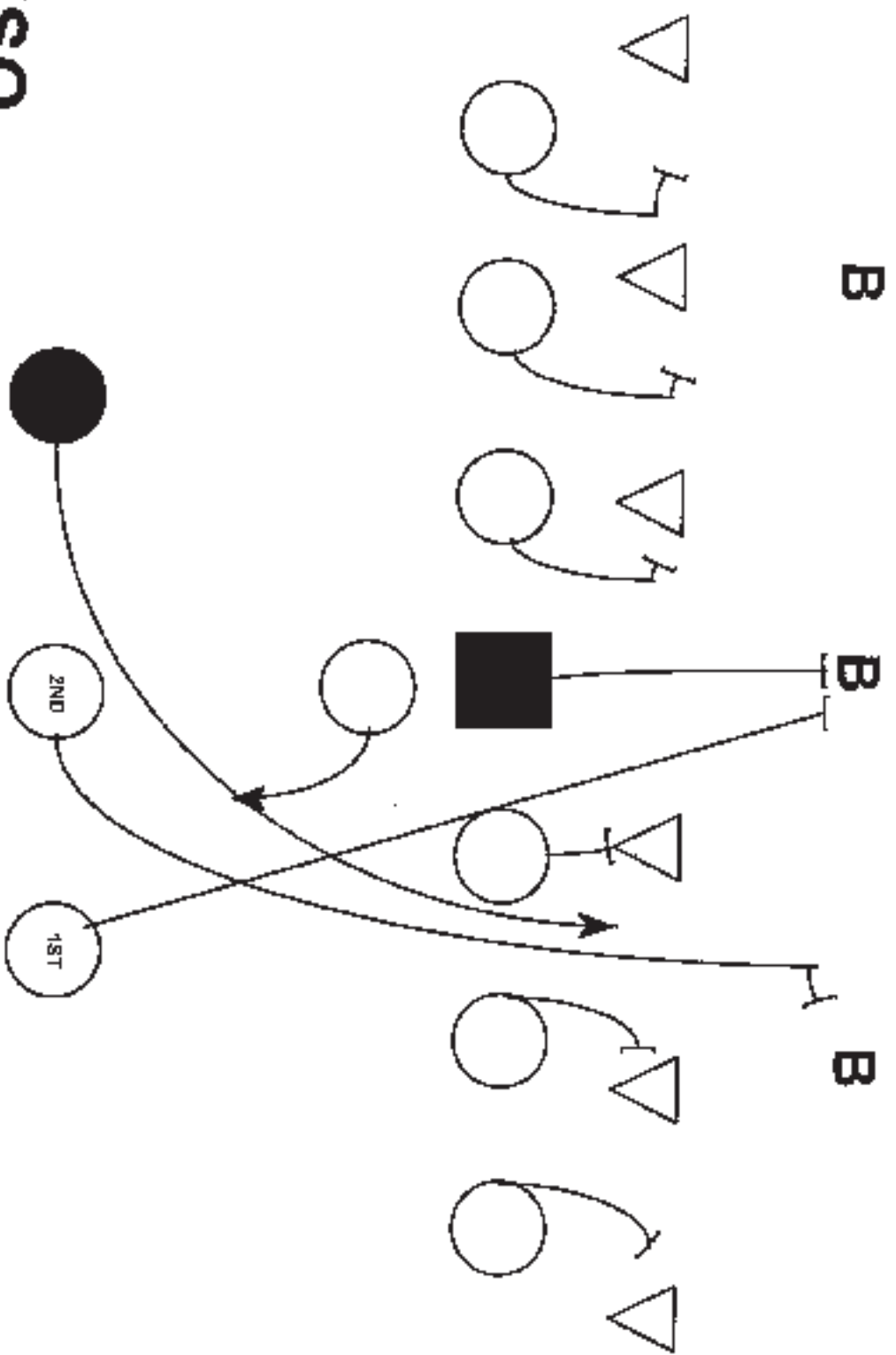
Defensive rules:

- 1 No stunting of linebackers
- 2 Any defense will be allowed when the defense is on/within their own 15 yard line, and on extra point attempts. You MUST maintain a 6 man front at all times!
- 3 Teach them how to tackle and use their hands on defense!



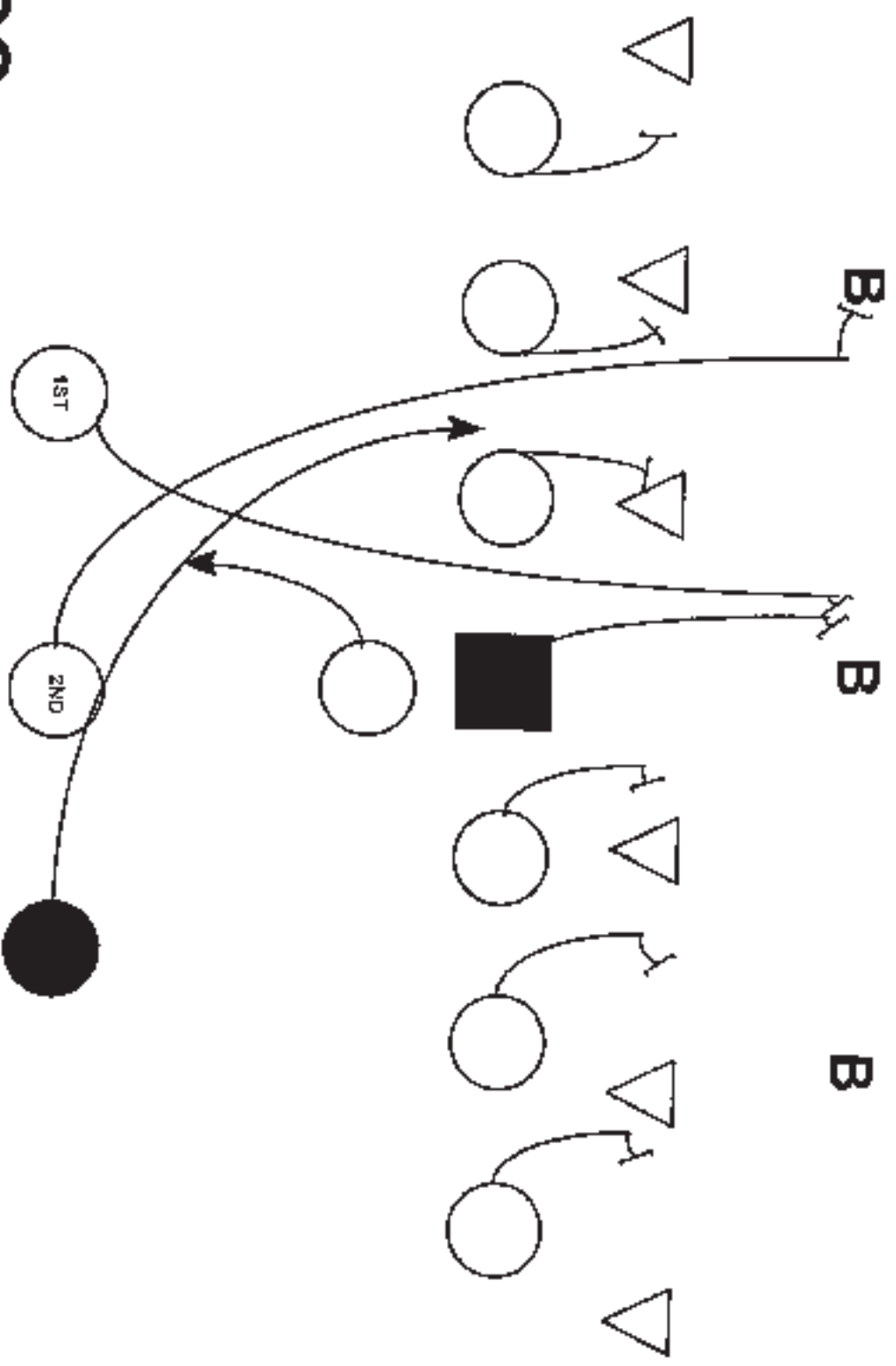
48 SWEEP

PLAYSIDE TE AND OFFENSIVE LINEMAN REACH BLOCK. BACKSIDE OL SCOOP BLOCK. RIGHT HALFBACK AND FULLBACK LEAD AROUND THE EDGE AND BLOCK THE LINEBACKERS OR THE FIRST WRONG COLORED JERSEY YOU SEE.



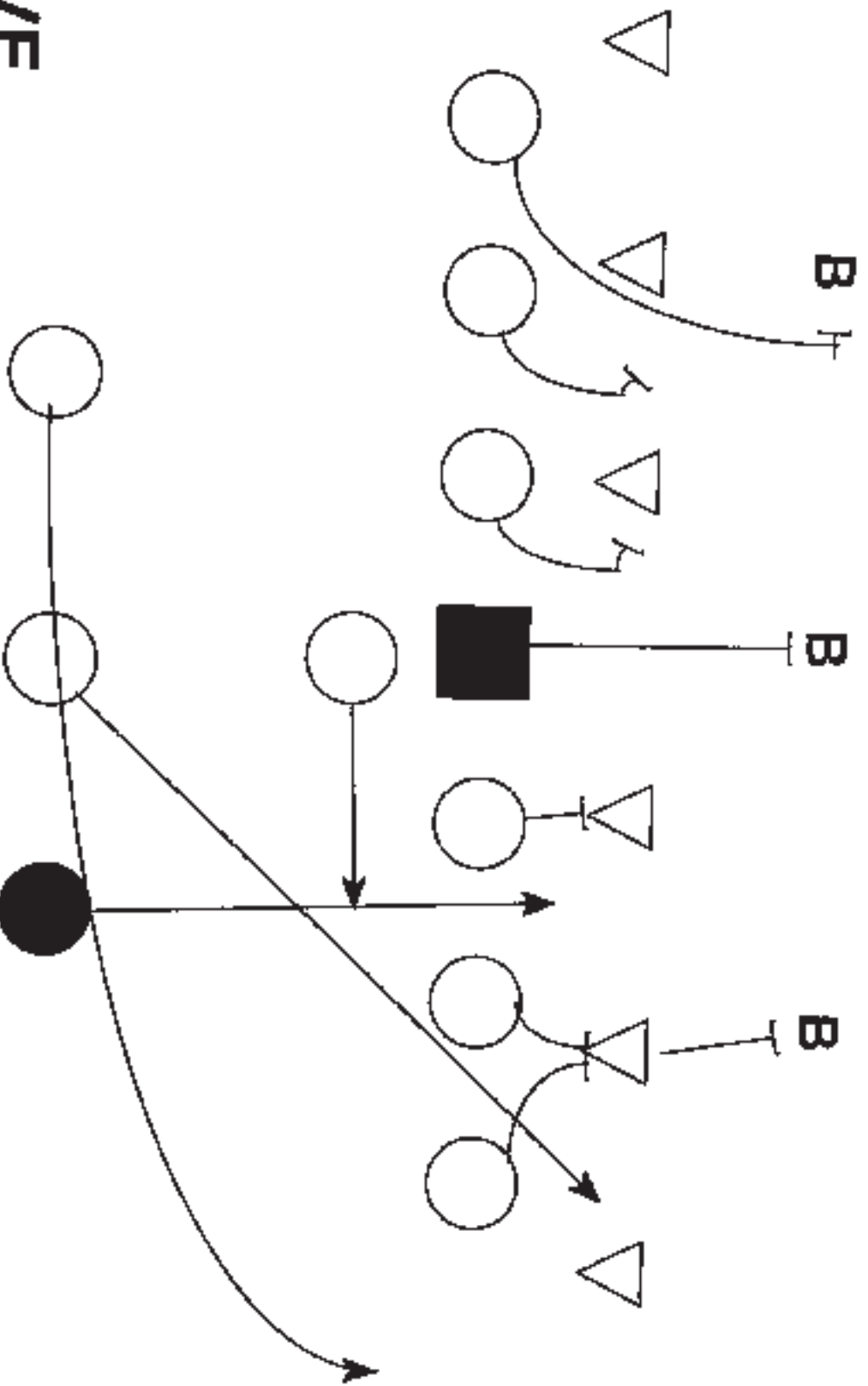
44 ISO

RIGHT HALFBACK GOES 1ST AND LEADS ON MIDDLE LINEBACKER, FULLBACK BLOCKS THE OUTSIDE LINEBACKER. QB OPENS UP TO THE PLAYSIDE AND HANDS OFF TO THE LEFT HALFBACK.



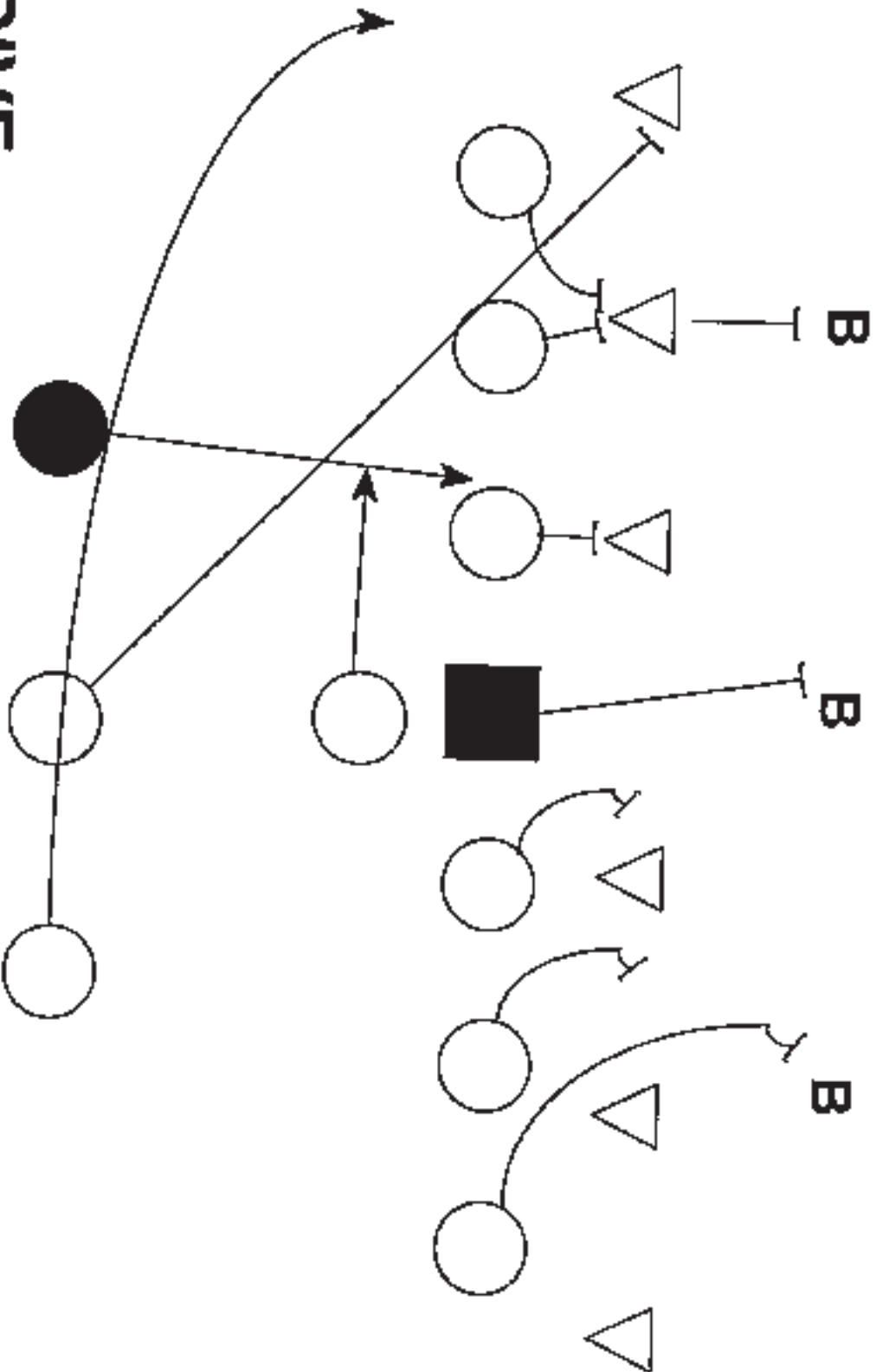
25 ISO

LEFT HALFBACK LEADS ON MIDDLE LINEBACKER, FULLBACK GOES BEHIND AND LEADS ON OUTSIDE LINEBACKER. QB OPENS UP TO THE PLAYSIDE AND HANDS OFF TO RIGHT HALFBACK.



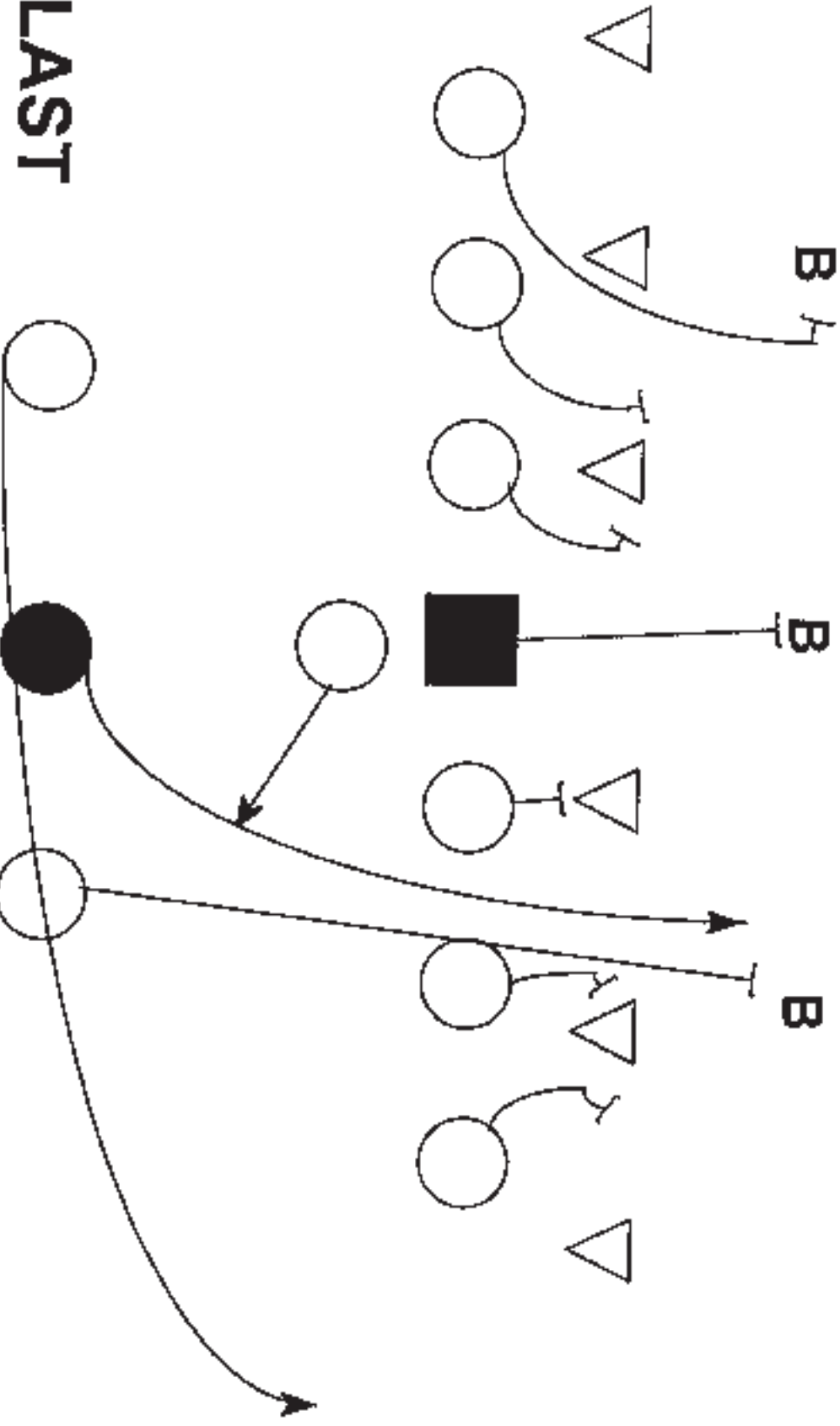
24 DIVE

RIGHT TACKLE AND TE DOUBLE TEAM TO THE LINEBACKER. FULLBACK LEADS ON THE DE, GOING BEHIND THE HALFBACK.



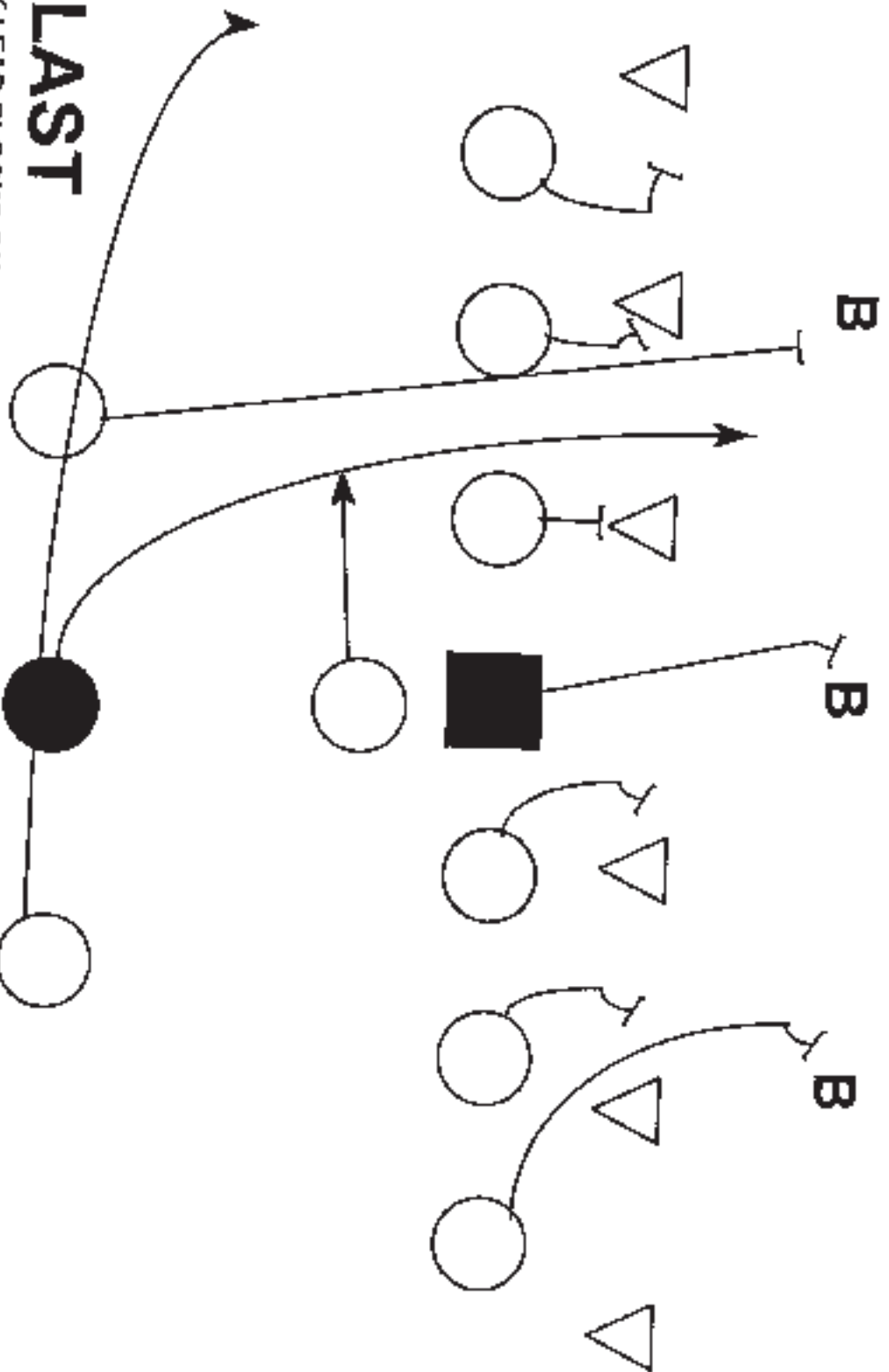
45 DIVE

LEFT TACKLE AND THE DOUBLE TEAM TO THE LINEBACKER. FULLBACK LEADS ON THE DIVE, GOING BEHIND THE HALFBACK.



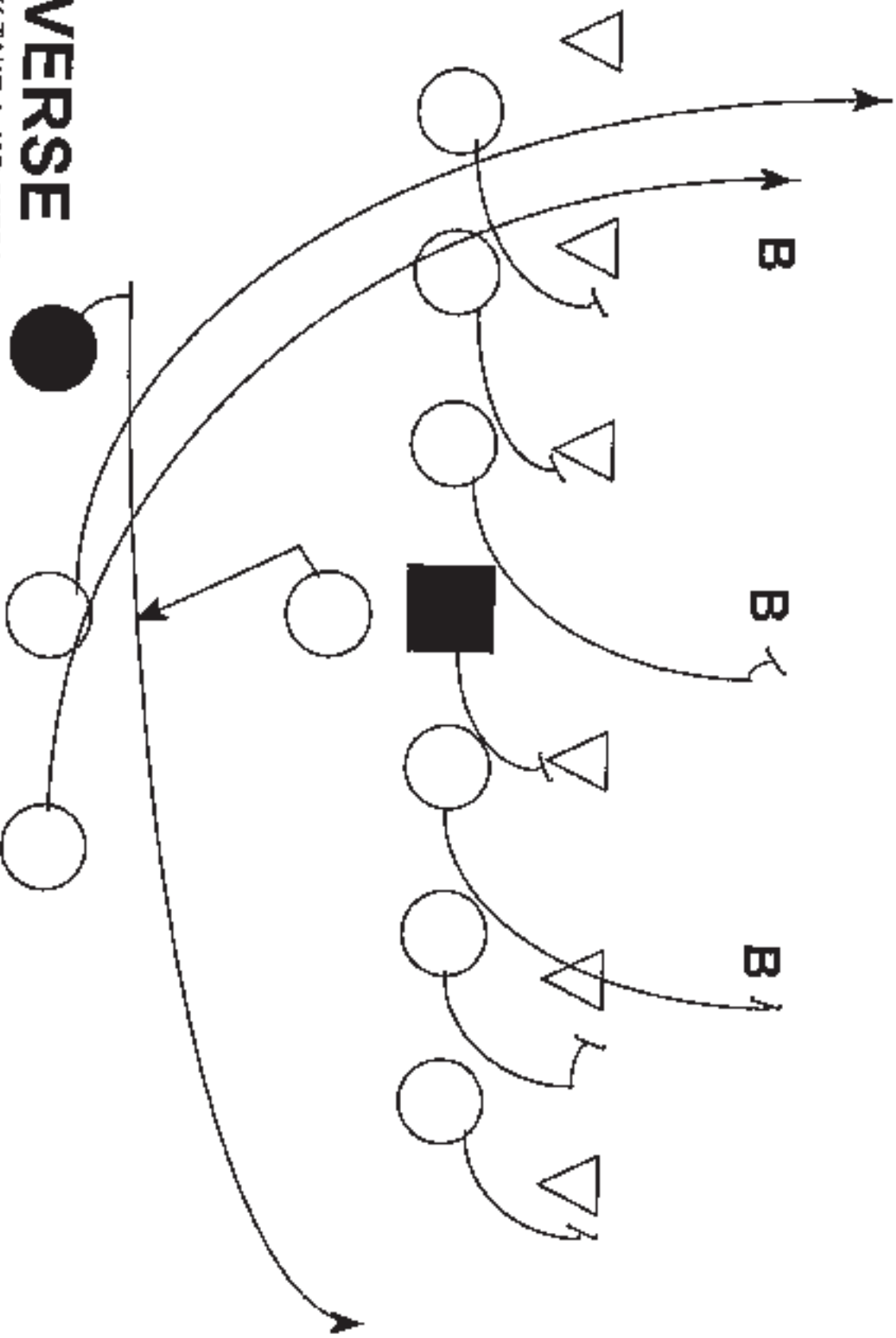
34 BLAST

HALFBACK LEAD BLOCKS ON OUTSIDE LINEBACKER. FULLBACK FOLLOWS INTO HOLE.



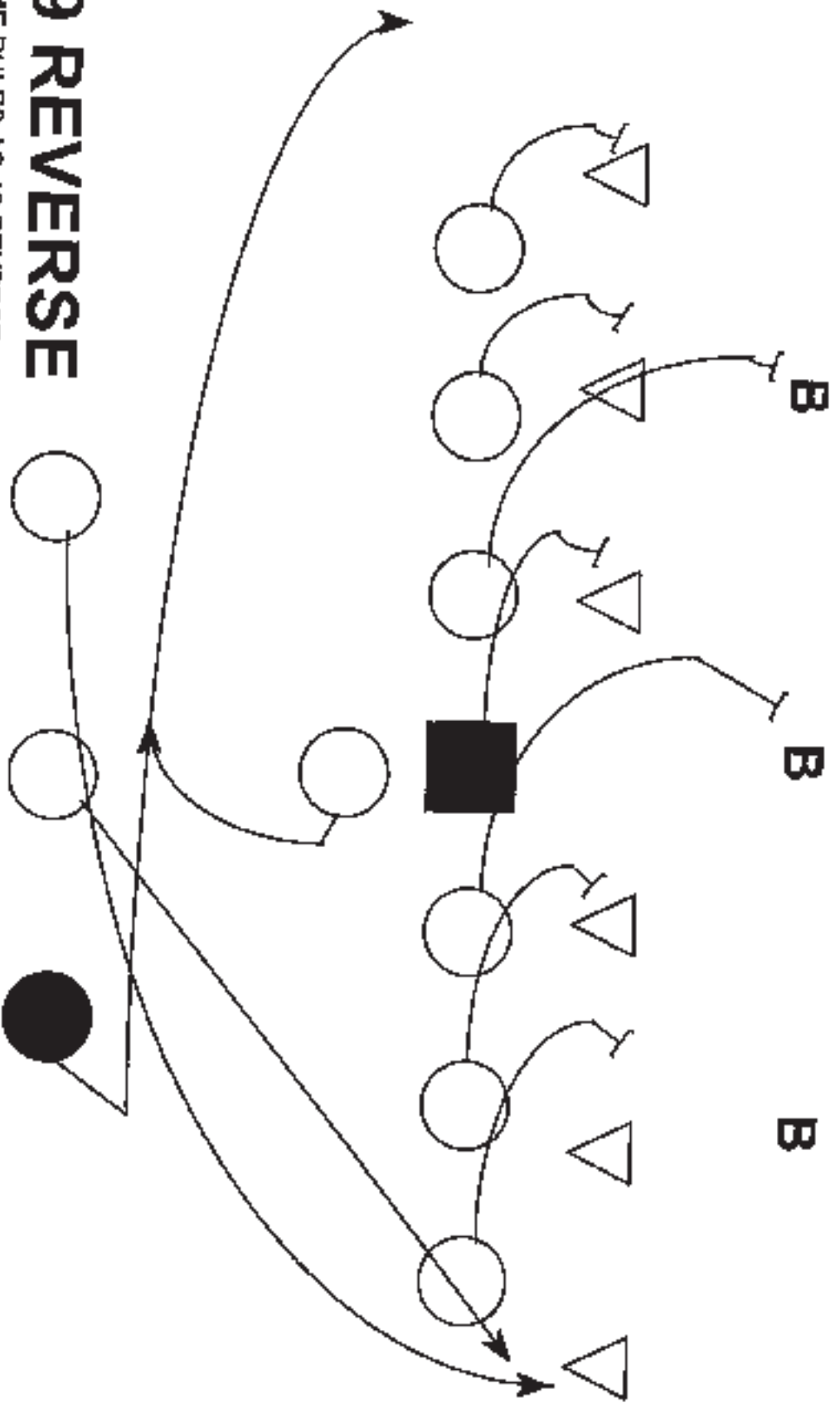
35 BLAST

HALFBACK LEAD BLOCKS ON OUTSIDE LINEBACKER. FULLBACK FOLLOWS THROUGH THE HOLE.



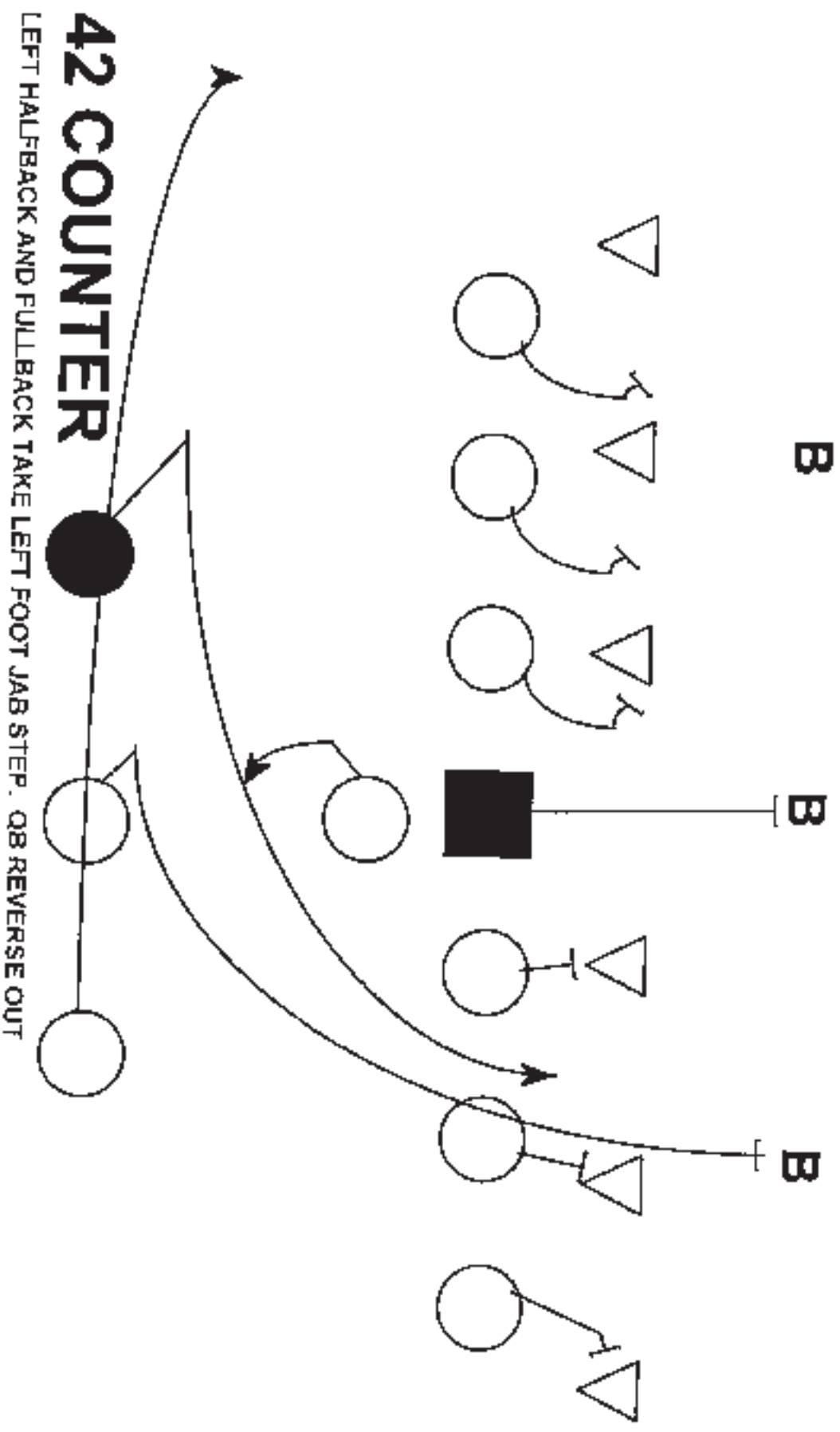
48 REVERSE

LEFT HALFBACK TAKE A JAB STEP WITH THE LEFT FOOT AND LET THE OTHER RUNNING BACKS CLEAR, THEN TAKE AN OUTSIDE HANDOFF THE QB. QB OPEN TO THE LEFT AND REVERSE OUT FOR THE HANDOFF.



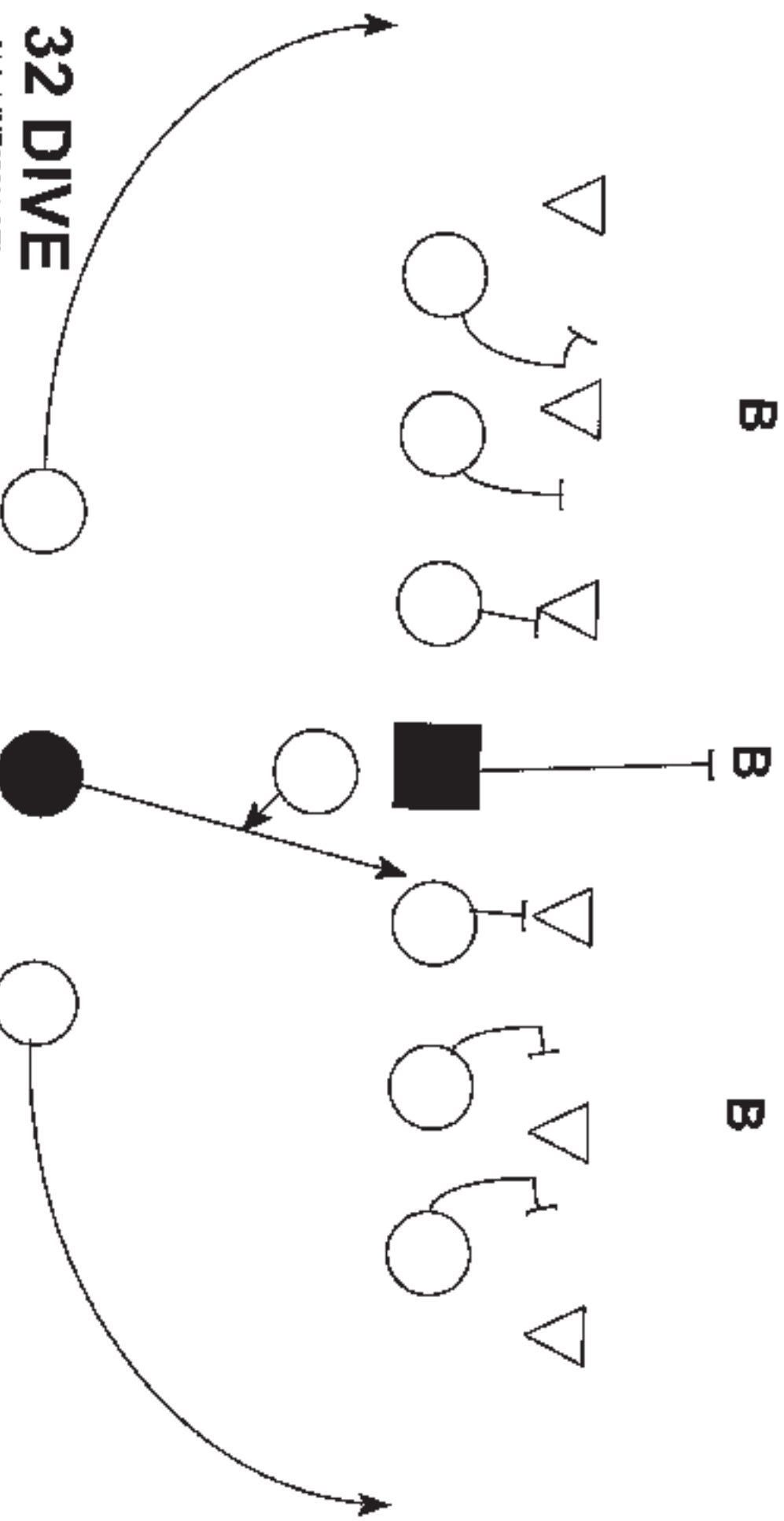
29 REVERSE

SAME RULES AS 48 REVERSE



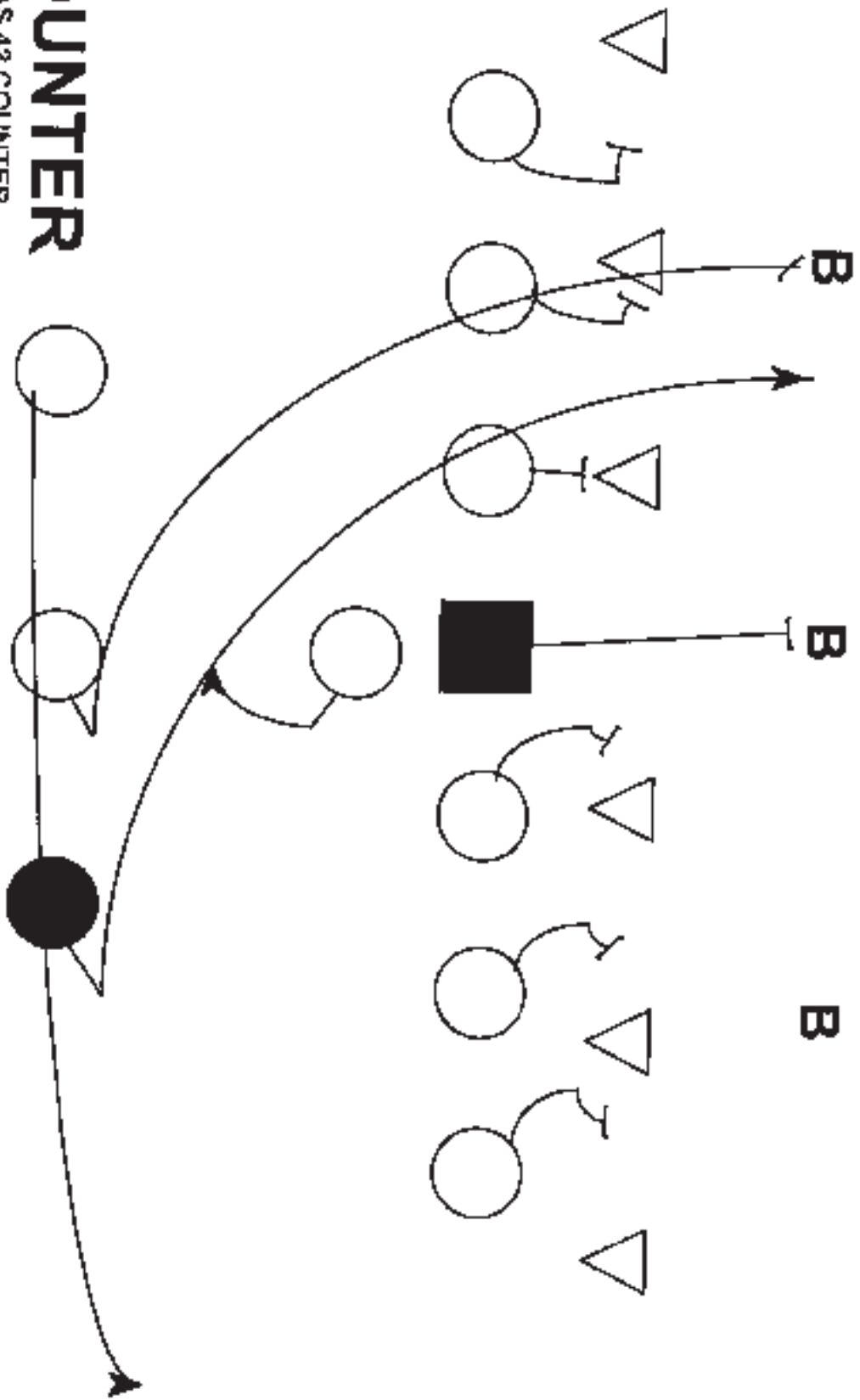
42 COUNTER

LEFT HALFBACK AND FULLBACK TAKE LEFT FOOT JAB STEP. QB REVERSE OUT



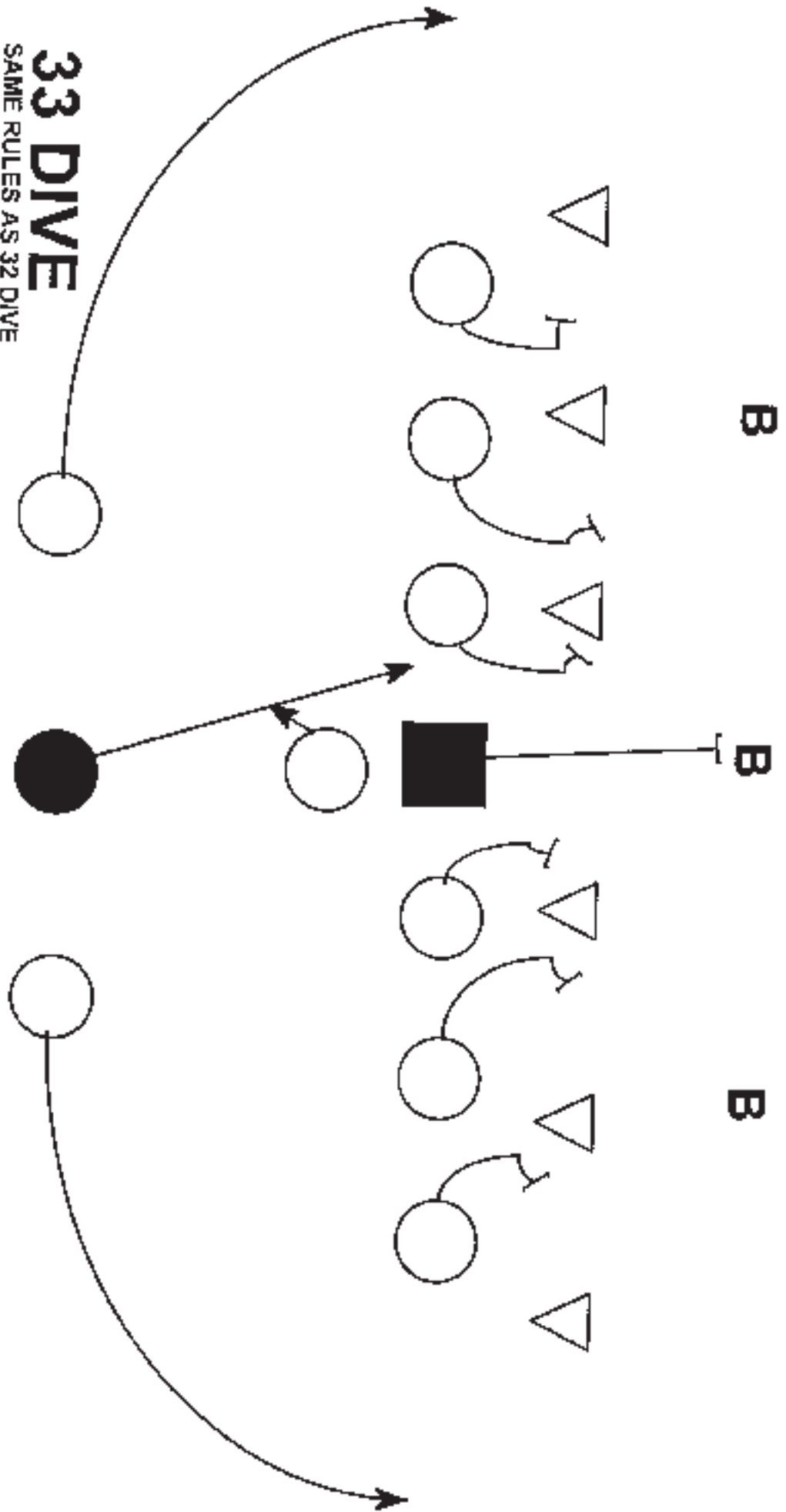
32 DIVE

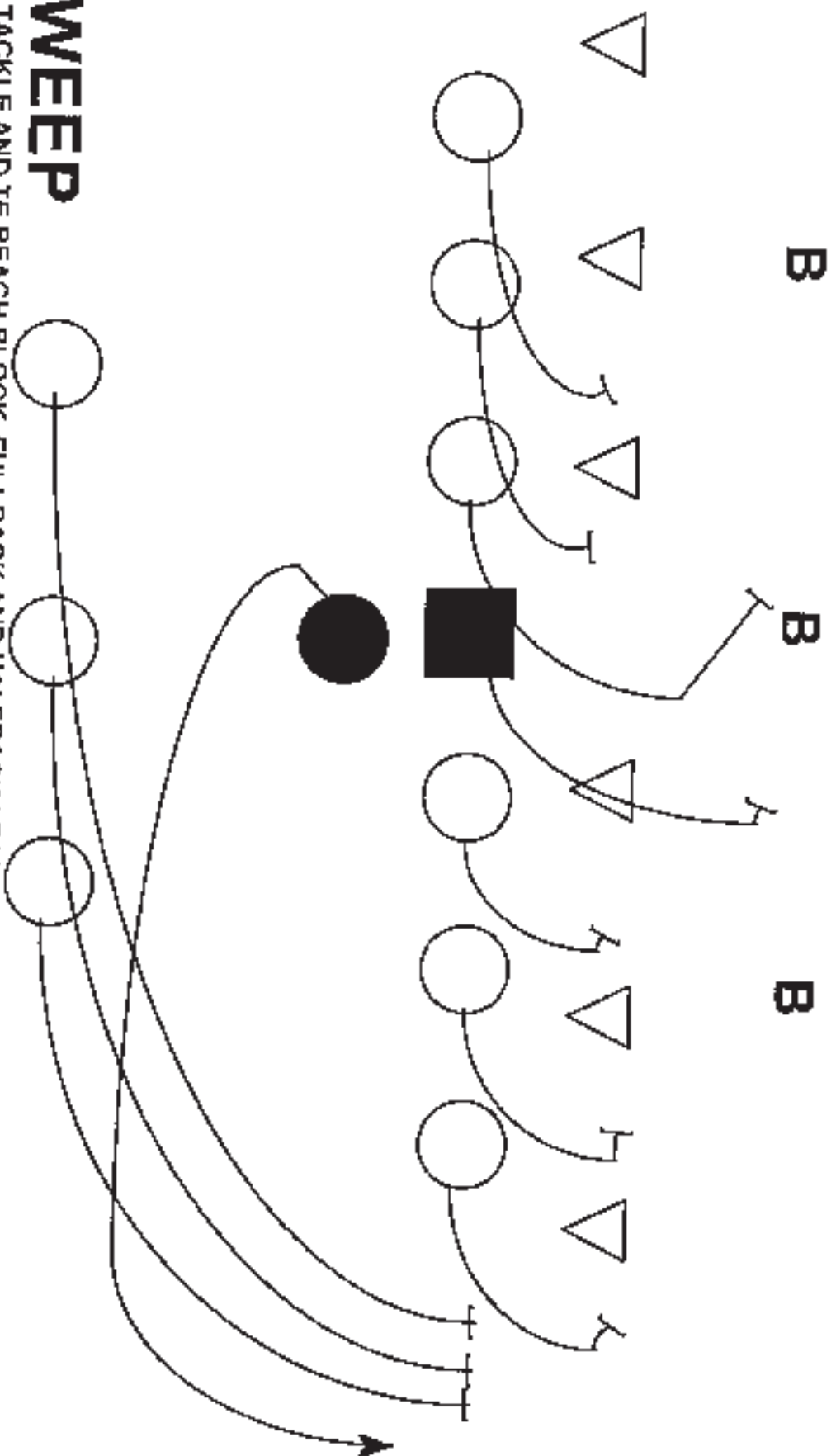
ALL LINEMAN STEP WITH INSIDE FOOT FIRST AND BLOCK THE INSIDE GAP. FULLBACK'S AIMING POINT IS THE INSIDE FOOT OF THE OFF. GUARD.



23 COUNTER

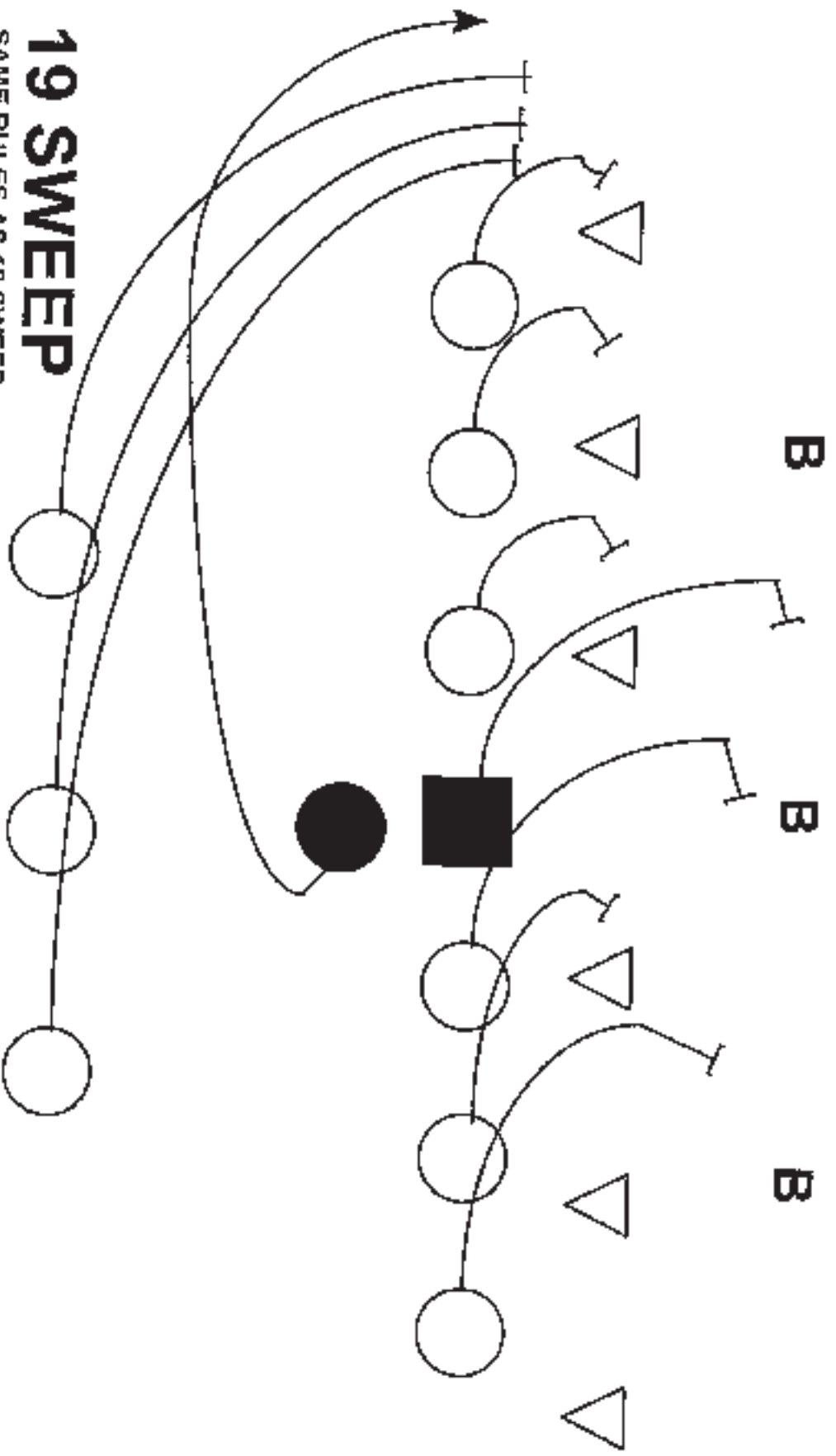
SAME RULES AS 42 COUNTER





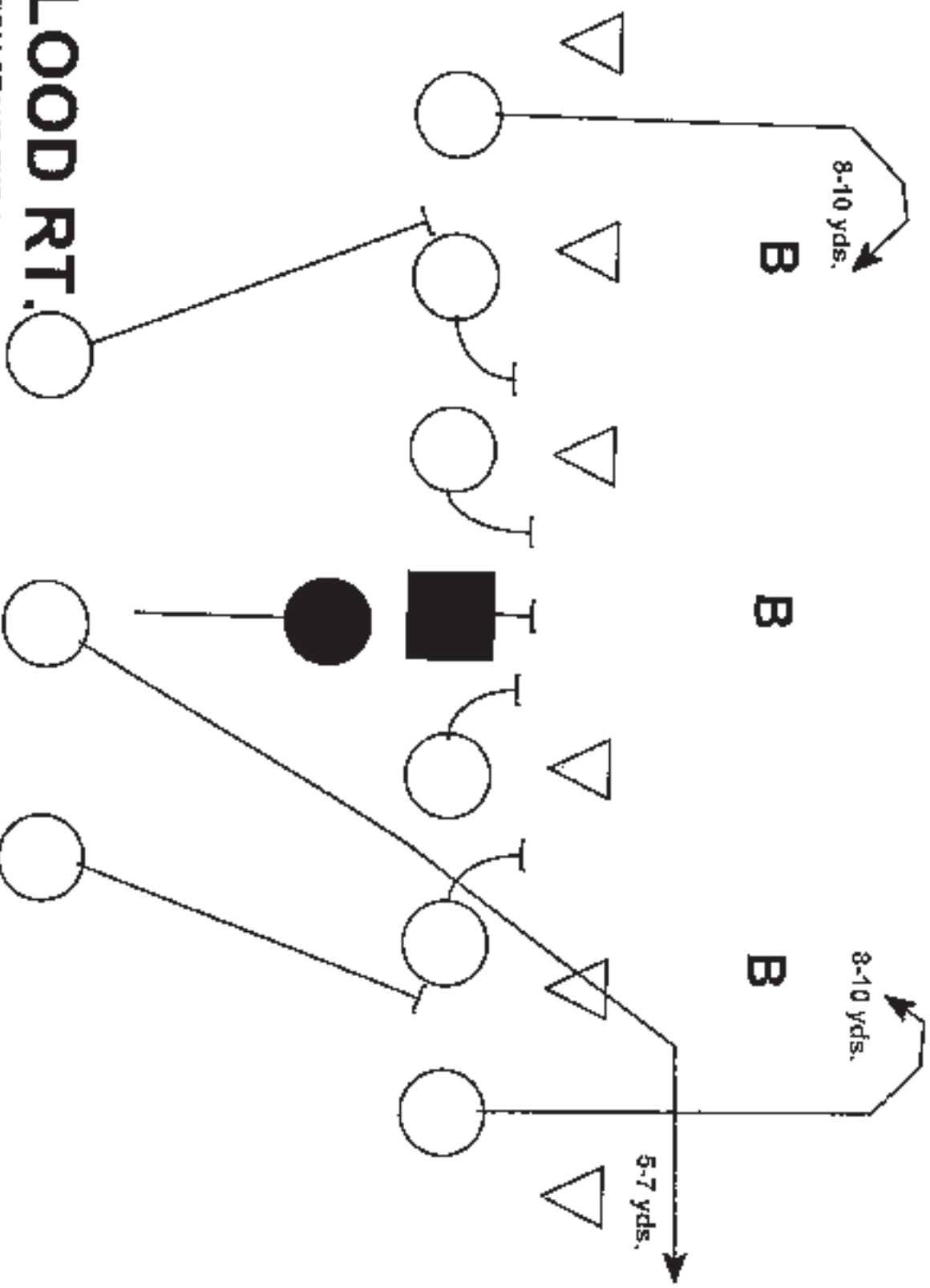
18 SWEEP

PLAYSIDE TACKLE AND TE REACH BLOCK, FULLBACK AND HALFBACK LEAD AROUND THE EDGE. QB REVERSE OUT AND GET OUTSIDE IF POSSIBLE.



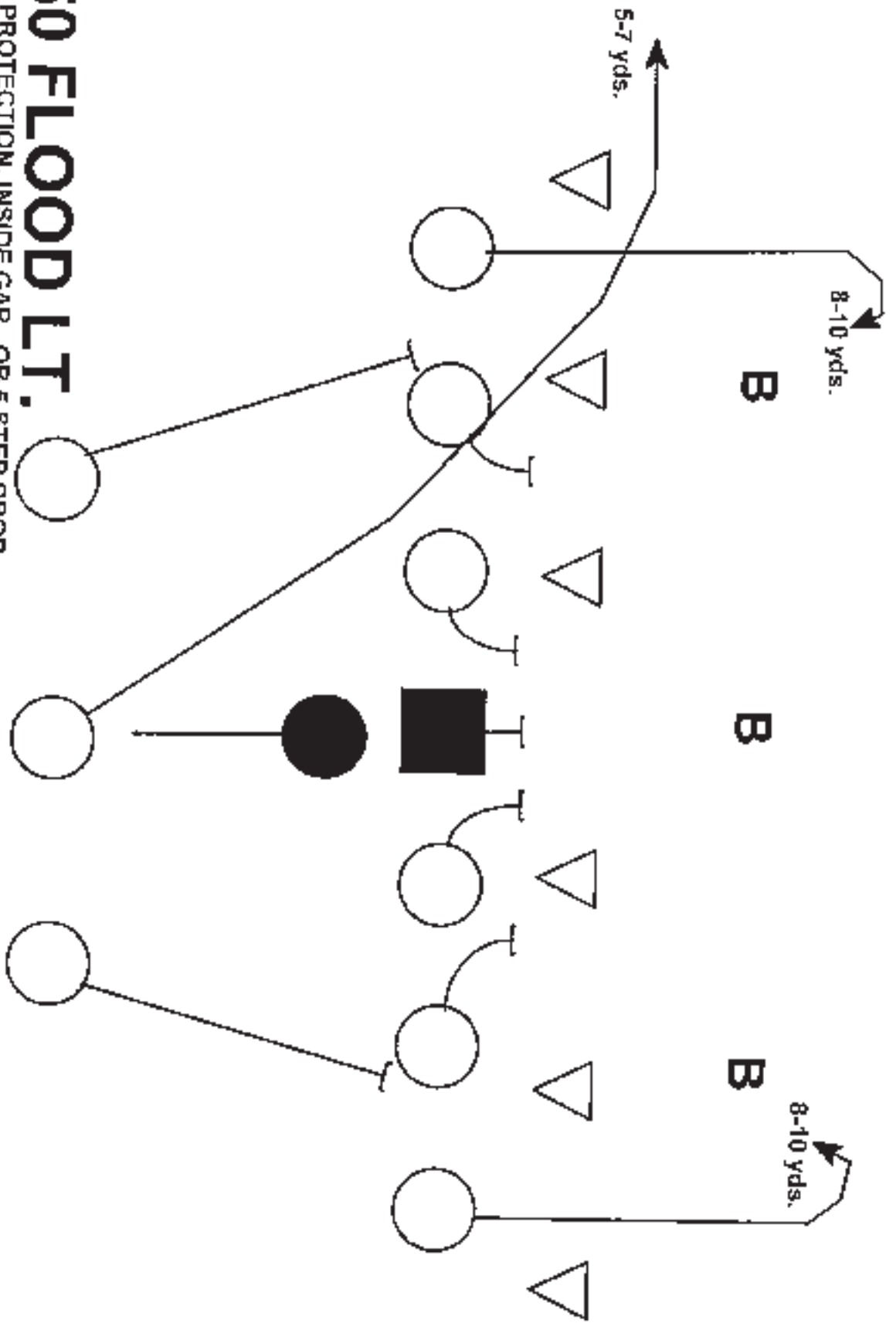
19 SWEEP

SAME RULES AS 18 SWEEP



50 FLOOD RT.

50 PROTECTION STAYS THE SAME. LINEMAN PROTECT INSIDE GAP. QB 5 STEP DROP



50 FLOOD LT.

50 PROTECTION. INSIDE GAP. QB 5 STEP DROP.

50 GO
BOTH TE'S RELEASE OUTSIDE AND RUN AS FAST AND AS DEEP AS YOU CAN. FULLBACK RELEASE UP
THE MIDDLE AND DO THE SAME. QB 5 STEP DROP. LINEMAN PROTECT INSIDE GAP.

